

# Intent, Implementation and Impact Statement for Physical Education

## Curriculum Intent

At Highers Heath Community School, we strive to create an inclusive culture, which aims to inspire an active generation to enjoy PE, encourage each other and achieve together. Throughout their time at Highers Heath, children develop the knowledge, skills, confidence and sportsmanship qualities to excel in a wide range of sports and physical activities. We aim to deliver high-quality teaching enabling children to achieve their personal best. Throughout PE sessions, we cover a range of skills to support children's physical, emotional and social development. All staff work to support the children to improve their perseverance and collaboration with others through a range of sporting activities in PE lessons and throughout the school day. We also teach valuable life skills, such as swimming, cycling proficiency and the importance of a healthy lifestyle, to support children in their lives after Highers Heath.

## Curriculum Implementation

- Children participate in high quality PE lessons weekly, which are taught by teachers and sports coaches following the National Curriculum.
- Staff use and adapt the Get Set 4 PE planning and resources, which allows for progression of skill development throughout the school. This scheme also allows for a varied and diverse curriculum with a variety of different sports, games and activities.
- Staff skills and confidence with teaching our curriculum are measured through the use of a skills audit. This is then used to guide our staff training (internal and external) provision.
- Throughout the year, children have the opportunity to take part in a range of physical after school clubs, led by specialist staff. Pupil voice is important in determining these.
- Our children are given opportunities to take part in local competitions with other schools in the local community and within Excelsior MAT.
- In all year groups, there are links to leading a healthy, active lifestyle in both the PE and Personal Development curriculums.
- Children currently attend swimming lessons in Years 3 and 4 to give all children opportunities to become confident, proficient swimmers.
- Throughout the year, the children take part in additional activities, to support their physical and mental wellbeing. We also ensure that children are aware of sporting initiatives in the wider world through the careful planning and delivery of assemblies and classroom discussions.
- At Highers Heath, we understand the importance of active breaktimes. We have introduced OPAL (Outdoor Play and Learning) to encourage children to be active, creative, develop better relationships with their peers and to stimulate and support mental wellbeing.
- As a school, we use our house teams to encourage good sportsmanship and teamwork throughout the school day. We create friendly competition and encourage children to support and congratulate their classmates when they achieve, no matter the subject.
- Each year, children take part in a whole school sports day. Here, children can compete in a safe, nurturing environment, whilst earning points for their team.

## Curriculum Impact

At Highters Heath, we motivate our children to participate in a variety of sports and activities, which are engaging and fun. As our children progress, they develop a wealth of knowledge sport specific skills and tactics that they can apply to a variety of different settings. Alongside this, children have many opportunities to develop their self-esteem, confidence, communication and problem-solving skills as well as working collaboratively with others. Throughout their time at Highters Heath, our children develop an awareness of how their bodies move and an ability to utilise the skills they develop to live happy, healthy lives. Impact will be measured through discussions with staff and pupils and through observations of lessons and after school clubs.